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ESTABLISHING A COMPLIANT HARDSHIP POLICY FOR YOUR PRACTICE

Why do I need a financial hardship policy?

It is important for practices to establish policies to distinguish who is able to pay for healthcare services. As charitable as physicians want to be, the law does not allow routine write-offs of co-pays and deductibles without risk to the physician for violating payer contracts or federal and state laws. If patients have insurance, the practice must document that financial hardship actually exists and should record any fees that are waived. Also, hardship should be assessed regularly, as a patient's financial condition may change.

Establishing Guidelines

In order to provide fair and legal payment options for all patients, it is strongly recommended that providers us national poverty level guidelines published by HHS as a guide. Hardship adjustments should be based on these guidelines and the supporting documentation provided with the patient's application.

2018 Federal Poverty Guidelines

Family Size	Gross Annual Income	Gross Monthly Income	Approximate Hourly Wage
1	\$12,140	\$1,012	\$5.84
2	\$16,460	\$1,372	\$7.91
3	\$20,780	\$1,732	\$9.99
4	\$25,100	\$2,092	\$12.07
5	\$29,420	\$2,452	\$14.14
6	\$33,740	\$2,812	\$16.22
7	\$38,060	\$3,172	\$18.30
8	\$42,380	\$3,532	\$20.38
Over 8 add per person:	\$4,320	\$360	\$2.08

Source: Federal Register vol. 83, no. 12, January 18, 2018. pp. 2642-2644. Monthly and hourly income calculated by OCPP and rounded to the nearest dollar and cent, respectively. The hourly rate is based on 40 hours of work per week for a full year (2,080 hours). These guidelines are for the 48 contiguous states and the District of Columbia.

Documenting Hardship

It is the responsibility of the practice to verify eligibility and just assume that a patient qualifies for financial hardship in your office. Verification will typically include tax returns and current pay stubs. In addition to annualized income verification, eligibility may be based on current participation in certain federal/state public assistance programs, such as Social Security Income (Disability); Temporary Assistance for Needy Families; Free or Reduced School Lunch Program; or other public assistance programs. These items should be submitted with the patient's application for financial hardship.

Application for Financial Hardship

The last step in this process is to have a certification form and application for the patient to sign. This is important as it will document the patient's need and show where they fall in your sliding scale. This will allow them to attest to the fact that they need the assistance with paying for the care, while keeping your office compliant.

Length of Time

Financial hardship should be assessed regularly, as a patient's financial condition may change. Many consultants recommend extending financial hardship to patients who qualify for 30, 60, or 90 days.

Our patients present to us with legitimate financial hardship. Don't sully the waters of your compliant fee schedule program with a non-compliant hardship agreement. If your office is armed with your prevailing fee schedule, insurance contracted fee schedules you've agreed to, your legally discounted fee schedule using a DMPO like ChiroHealthUSA, and a hardship or sliding fee schedule, you're ready to take on any patient who comes in the door!

SAMPLE APPLICATION FOR FINANCIAL HARDSHIP

This application has been prepared to assist BJ Palmer Chiropractic Clinic in determining reasonable options for payment of chiropractic services. It will be reviewed by the Business Office Manager and the Practice Administrator to establish eligibility. The information contained herein, will be held to BJ Palmer Chiropractic Clinic's strict confidentiality policy and will be used to determine payment options and hardship adjustments.

The guarantor must complete the application in its entirety and attach appropriate documentation in order to be processed. Without this documentation, this application will not be considered complete, your application will be denied, and collections policies will be followed.

You must attach the following information in order to be considered.

- Copy of your last year's tax return. If you did not file taxes, you must provide a letter from the IRS stating that you did not file a return. IRS #1-800-829-1040
- Three current pay stubs, including spouse if applicable.

Please complete the information herein and return to BJ Palmer Chiropractic Clinic within 14 days. A determination will be made within 14 days of receipt.

If you do not receive a response within 14 days, or require assistance in completing this application, please call BJ Palmer Chiropractic Clinic Business Office at #123-456-7890.

In order for BJ Palmer Chiropractic Clinic to provide fair and legal payment options for all patients, we use the national poverty level guidelines published by HHS as a guide. We offer hardship adjustments on a sliding scale based on these guidelines and the supporting documentation that you provide with your application.

Guarantor Information:

Name:		Phone Number:		
Address:	_ City:	_ StZip:		
Years at Current Address: Social	al Security Number: _			
Employer:				
Employer's Address and Phone:				
Years at Current Job: Supe	rvisor's Name and Pl	none No.:		
Average Number of Hours per week: Wages per hour:				
Spouse Information:				
Name:		Phone Number:		
Address:	_ City:	_StZip:		
Years at Current Address: Social Security Number:				
Employer:				
Employer's Address and Phone:				
Years at Current Job: Supe	rvisor's Name and Pl	none No.:		
Average Number of Hours per week:	Wages per h	our:		

Dependent Information:

Using legal names, please list everyone (including yourself) living at your address. Please do not use nicknames.

Name	Relationship to You	Age
1.		
2.		
3.		
4.		
5.		
6.		
Income Information:		
Salary (Gross):	Spouse's Salary	(Gross):
Salary (Net):	Spouse's Salary	(Net):
Child Support, Alimony, Social	Security: Rental Inc	come:
Military Allotment/Veterans Be	nefits:Family/Re	ental Support:
Unemployment/Public Assistar	nce/Workers Comp:	Other:
Interest and Investment Income	e: Re	tirement/Pension:
Expenses (Monthly Averages):	<u>.</u>	
Do you [] Rent - Amount:	[] Own - Mortga	age Amount:

Name of Landlord or Mortgage Company:				
Food: Phone:\	Water/Sewer:	Utilities:		
Auto Maintenance: I	nsurance:	_ Other Insurance:		
Day/Child Care: Number of Children in Day/Child Care:				
Name of Day/Child Care:				
Other Payment Obligations:				
Creditor Name and Description	Current Balance	Payment Amount		
In the next 3 months, what medical expensions of the control of th		either from BJ Palmer		

Other expenses you would like us to consider?		
Canalysian/Dationt Statement		
Conclusion/Patient Statement		
Comments you feel are important:		

Signature	- Date
to BJ Palmer Chiropractic Clinic's Business Office to value.	verify any or all of the information listed
This information listed herein is true and complete to t	he best of my knowledge. I give permission
Length of time requested to pay of chiropractic service	es: